

THE GREEK-AMERICAN TIMES

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SPECIAL POINTS OF INTEREST IN JUNE

- 6/1 Resident Council Meeting
- 6/1 Bible Study
- 6/2 Orthodox Service with Fr. John Pilafas
- 6/2 Greek Coffee with St. Haralambos
- 6/3 Sabbath Prayer Service
- 6/8 Bible Study
- 6/9 Orthodox Service with Fr. Nicholas Georgiou
- 6/9 Greek Coffee
- 6/14 Therapy Dog Visits
- 6/15 Bible Study
- 6/16 Outing
- 6/17 Orthodox Service with fr. Pateleimon Dalianis
- 6/17 Father's Day Social
- 6/21 Jewish Discussion Group
- 6/22 Bible Study
- 6/23 Orthodox Service with Fr. Tilemahos Alikakos
- 6/23 Assumption Social
- 6/28 Therapy Dog Visits
- 6/29 Bible Study
- 6/30 Outing



LOOK WHO'S CELEBRATING A BIRTHDAY



Harriet H.	June 1
Emily K.	June 1
Judith W.	June 2
Helen G.	June 4
Peter Z.	June 5
Alex D.	June 6
Theodora Z.	June 10
Peter K.	June 11
Faye K.	June 15
Irene A.	June 19
Thomas Q.	June 21
George M.	June 23
Evelyn B.	June 24



**You can now view current
and past newsletters at
[greekamericancare.org!](http://greekamericancare.org)**

ACTIVITY HAPPENINGS

Welcome to the June issue of the Greek-American Times.

Last month was an exciting and busy month for everyone at our home. We started it with a delicious Auxiliary Bake Sale and Mother's Day Brunch. Family, friends and staff gathered to celebrate all of the wonderful women in our lives and enjoy the afternoon together. We also held a taco sale to fundraise for our annual Cinco De Mayo Party. Together with the Housekeeping/Laundry Department we were able to enjoy an afternoon of ethnic music, dancing and food. Everyone had a wonderful time! The fun continued with an afternoon magic show and weekend dance performance by the Ellas Dance Troupe of Chicago. A special thank you to Tom Papadapolous for taking the time to share his beautiful dances with our residents! Some other highlights of the month were the outings to Oberweis Dairy and Demetri's

Restaurant. We look forward to the delicious places we will be visiting next month! As always, we are grateful to St. Constantine and Helen, St. Demetrios of Elmhurst, Ahladokamos and St. Haralambos for coming to prepare Greek Coffee and bringing sweets for our residents. Department heads and staff came together to help the Marketing Department participate in a "Connecting the Community Progressive Tour." Senior housing and care options around the Village of Wheeling were visited. We had the opportunity to showcase our beautiful home and offered a lovely breakfast to those who participated. We had a great turn out and many compliments on our home!

During the past few months, department heads have also come together to support our community by fundraising for a different cause each month. Since December, we have collected a huge box of toys for the Toys for Tots program, countless food items for the Wheeling Food Drive, signed up new donors for the Bone Marrow Drive, raised over \$645 for a little girl named Gia, who's family needs help paying for medical bills and held a successful gyro sale to benefit a program for cancer patients called Healing Pajamas. Next month, we will be holding a hotdog sale to benefit PAWS Chicago, the city's largest no kill animal shelter. With your continued support there's no limit to the good we can do!



Join Us!



Join us for a fun filled afternoon!

Our Father's Day Social will be held on Friday, June 17 at 1:30 p.m. Refreshments will be served in the 1st floor Activity Room followed by entertainment on the patio!

Happy Nurses Week!



The Greek American Rehabilitation and Care Centre Celebrated National Nurses Week May 6 to 12. Nurses and CNAs dined on a variety of delicious food, won prizes and enjoyed complementary massages and eyebrow waxes. We are grateful for all of the vendors who donated to this very deserving team!

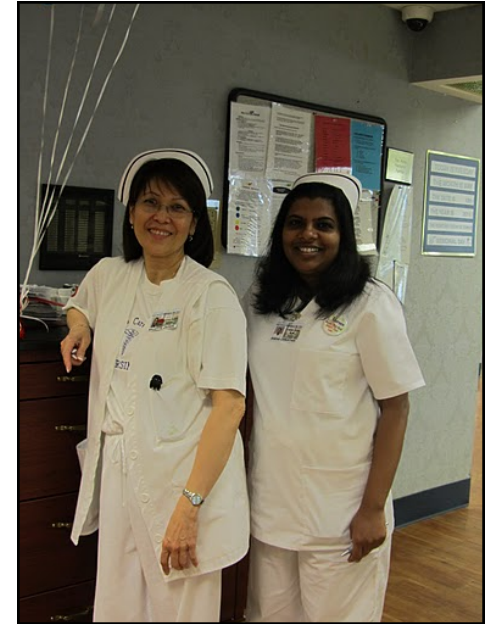
Thank you Nurses and CNAs!



The GARCC nursing team celebrates Nurses Week



Left to Right: Nlmi, Restorative Nurse Manager and Charge Nurses Cecilia, Mini and Yolanta



Charge Nurses Hillette and Sneha



Left to Right: Charge Nurse Carmella, Director of Nursing Kim and Charge Nurse Rosanne

Paxemadia

Ingredients:

- 1 pound sweet butter (room temperature)
- 4 eggs
- 1 1/3 cups sugar (melted)
- 7 teaspoons anise
- 1 teaspoon baking powder
- 1 teaspoon side
- 1 cup walnuts (ground 3 oz.)
- 8 cups sifted flour (Swans Down cake flour)



This recipe was shared with us by Constance K.

Preparation:

1. Beat butter until soft and white, add sugar (sugar should be melted)
2. Add beaten eggs and anise. Mix well.
3. Add sifted dry ingredients gradually, mixing the last cup by hand until the dough is soft and dry enough to be handled. Add more flour if necessary.
4. Separate into 4 loaves and greased cookie sheet
5. Beat 1 egg and spread on top of loaves (sprinkle w sesame seeds)
6. Bake in over for 20-25 minutes at 350 degrees
7. Remove from stove and slice into 3/4 inch thick slices
8. Place back in oven for 15 minutes

It is recommended to use a Kitchen Aid when mixing ingredients.

Dear Residents, Families and Friends,

In efforts to better serve our residents and their loved ones, we have decided to upgrade the Greek American Rehabilitation and Care Centre phone system. As of **June 1st**, every resident room will be hard wired to the facility telephone system therefore residents can make calls to other resident rooms and offices. In addition, the cost for the phone service will be less expensive.

If you currently have phone services, and would like to continue having telephone services *you must* call your telephone provider and cancel your services as of **Tuesday, May 31st**. If the current phone service is *not* canceled you will continue to be billed and will not have service. The current phone numbers can not be used with the new telephone system therefore a new phone number will be assigned. There will be a short disruption of service between May 31st and June 1st therefore, please know that you can reach your loved one by calling the portable phone on each floor or calling the main number.

If you would like to have the new telephone service you must complete the bottom portion of this form and send it back to the facility by **May 31st**. Once we receive the completed bottom portion *we will call you* to inform you of the new telephone number.

If you have any questions regarding these changes, please call Russ Staufenbiel at (847)459-8700 ext: 1040.

Best regards,

Eleni Ifantis

We have set up different classes of service to accommodate each individual's specific need. You will receive a monthly statement reflecting the service you have selected. Please select one of the following classes of service:

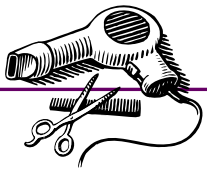
CLASS	DESCRIPTION	COST	PLACE AN X IN A BOX BELOW
Class 1	Internal calling to various extensions and can receive inbound calls- No outbound calls	\$20 each month	
Class 2	Internal and local outcalls-up to 25 miles	\$25 each month	
Class 3	Internal, local and long distance-over 25 miles	\$30 each month	
Class 4	Internal, local, long distance and international calls	\$50 each month	

Resident Name and Room Number:

Name of Authorized Representative:

Signature of Authorized Representative:

Phone Number and E-mail:



Updates from the Beauty/ Barber Shop

Dear Residents and Family Members,

Please take the time to familiarize yourself with the new rates for the Beauty Shop. A beautician will be available to provide services every week. The fee schedule below is provided for your convenience. In order to receive services, a trust fund account must be set up or you must pay in advance. Appointments for hair coloring must be made and discussed in advance with the beautician. Arrangements can be made through the reception desk or beautician.



Haircut	\$15
Wash & Set (with curlers)	\$15
Wash & Style (with handheld dryer)	\$17
Perms Only	\$45
Color	\$25
Comb Out	\$7.50
Perm, Wash, Set & Cut	\$60
Manicure	\$12
Pedicure (without polish)	\$22
Pedicure (with polish)	\$25
Face Wax	\$24
Eyebrow Wax	\$9
Lip Wax/Chin Wax	\$9
In Room Service	\$2 extra

All prices are subject to change at any time.

IMPORTANT INFORMATION!

In Regards to Discharges and Donations

Upon a residents discharge from the home, we ask that you pick-up their belongings within three weeks. Unfortunately we do not have the space to store belongings for a significant length of time.

If you plan on donating the items such as wheelchairs, walkers, canes clothing, books, movie etc. we ask that you call ahead for approval of acceptable donations. As much as we appreciate your donations, we have very limited storage space and are limited to the types of items we can accept. These rules are in accordance with the regulations of Illinois Department of Public Aid and Joint Commission.



Thank you for your cooperation in this matter.



Time to Update Your Contact Information!

Dear Families and Residents,

This year and going forward we are asking families to update their contact information on an annual basis. Even though it is the responsibility of the family or resident to always inform us of any changes, this does not happen as often as we would like. Families are responsible for providing accurate and complete information to the best of their knowledge, about themselves and back up emergency contacts. Please make sure you include multiple phone numbers, your email address and additional back up contacts. (We are requiring two additional names.)

Please remember that contact # 1 must be the billing information of the responsible party who is paying privately. If your loved one is not Private Pay then it must be the Health Care Power of Attorney or the primary decision maker. The contact forms that need to be filled out are enclosed with in this newsletter or can be obtained at the front desk.

Please return this form to the Admissions Department by July 1st, 2011. If you have any questions feel free to call Nota Marinos the Admissions Coordinator at 847-499-7113.

Greek Independence Day Parade



Residents on their way to the Greek Parade



Staff, friends and volunteers on the GARCC float



Employees celebrating Greek Independence



Administrator Eleni Ifantis visiting the sweets table during the Auxiliary Women's Bake Sale



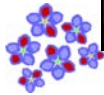
Residents, families and visitors enjoying brunch



Progressive Tour

Left to Right: Jessica Colletta, Marketing Coordinator
Frances Stamatoukos and Food Services Director Stacey Lenihan

Mother's Day Brunch



Family and friends enjoying time with their loved ones in honor of Mother's Day



Department heads, staff and volunteers helping serve the delicious food during the Mother's Day Brunch



Director of Nursing Kim Akainyah leads a group on a tour of our facility



Chinelo dancers performing the traditional brincon (or jump dance) during the Cinco De Mayo party



Resident Mary G. takes a swing at the piñata



Resident Demetra G. dancing with one of the Chinelo performers



Cinco De Mayo Celebration!