

THE GREEK AMERICAN TIMES MARCH



LUCK 'O THE IRISH

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Sunday
March 10



Ὕμνος εἰς τὴν Ἐλευθερίαν

Σὲ γνωρίζω ἀπὸ τὴν κόφι
τοῦ σπαθιοῦ τὴν τρομερή,
σὲ γνωρίζω ἀπὸ τὴν ὄψι,
πού με βιά μετράει τὴν γῆ.

Ἀπ' τὰ κόικαλα βγαλμένη
τῶν Ἑλλήνων τὰ ἱερά,
καὶ σὰν πρῶτα ἀνδρειωμένη,
χαῖρε, ὦ χαῖρε, Ἐλευθεριά!

Διονύσιος Σολωμός

Μελοποιήθηκε ἀπὸ τὸν Νικόλαο Μάντζαρο

English Translation of the Greek National Anthem

I shall always recognize you by the dreadful sword you hold, As the earth with searching vision you survey with spirit bold.

T'was the Greeks of old whose dying brought to birth our spirit free, now with ancient valor rising let us hail you, O Liberty!

From the sacred bones, of the Hellenes arisen, and valiant again as you once were, Hail, o hail, Liberty! (3x's)



Sam S.	March 02
Peter S.	March 07
Vasilios K.	March 08
Maria G.	March 10
Marion K.	March 11
Chrisoula K.	March 17
Alexandra G.	March 18
Dina D.	March 19
Maria K.	March 20
Meropi S.	March 20
Angeliki B.	March 25
Revekka I.	March 25
Katina K.	March 26
Kontilo F.	March 28
Maria M.	March 28
Vasiliki S.	March 30
Florence H.	March 31

Your birthday is in March like
 the coming of the spring.
 I'm constantly reminded of the
 sunshine that you bring.

ACTIVITY HAPPENINGS ...

Welcome to the March issue of the Greek American Times.

February was a fun-filled month for our Residents and staff. Love was definitely in the air around our facility. We enjoyed creating some Valentine's related crafts which helped decorate our home in red and pink for the holiday. We received a generous donation of fresh cut flowers which became another working craft for the residents who loved creating beautiful arrangements which were displayed throughout the home. Residents enjoyed Sunday outings for Divine Liturgy to St. Nectarios in Palatine and St. Demetrios in Libertyville. Each church welcomed and honored our residents. St. Nectarios served us delicious donuts, other sweets and coffee during the coffee hour after church. The residents also enjoyed loukoumades after church at St. Demetrios during the Ladies Philoptochos' Loukoumades Sunday.

We had an exciting birthday month at our home, as we celebrated **Peggy M's 100th year young birthday!!!** Congratulations to our centenarian for reaching this grand milestone in her life! She celebrated this special event with family, friends, other residents and staff.

We cannot forget to thank our monthly visitors, who came to spend some time with our residents and brought some delicious treats. A big thank you is extended to St. Haralambos - Niles, St. Demetrios - Elmhurst and St. John the Baptist - Des Plaines. We also want to thank the children of St. John the Baptist day school for the beautiful Valentine cards and the Sunday School children of Holy Cross, Justice for creating Valentine cards for all our residents.

In March, we hope to have the "Luck 'Of The Irish" as we plan for an exciting month of activities, outings and fun. Check in on our April newsletter for all the scoop!

- The Life Enrichment Department



VOLUNTEERS NEEDED ...

**Volunteers
Needed!**

Here at the Greek American Rehabilitation and Care Centre we are always looking for friendly, outgoing and passionate individuals to lend a helping hand.

There are many ways you can be of assistance such as, visiting with the residents, providing additional support during activities, assisting with special projects or events, helping provide clerical assistance or even volunteering in our gift shop.

To begin your volunteering experience today, visit our website at www.garcc.org and complete the volunteer application, or feel free to stop in and pick up an application from our first floor receptionist.

** If you have any questions in regards to volunteering, please feel free to contact Anna Marie Papagopoulos, Volunteer Coordinator @ (847) 459-8700 ext. 1044 or Email me at apapadopoulos@GARCC.org.

Greek American
Rehabilitation and
Care Centre

SAVE THE DATE

ANNUAL
**GOLF
OUTING**

MONDAY, JUNE 17, 2024

IVANHOE CLUB
28846 N Thorngate Drive
Ivanhoe, IL

a wholly owned subsidiary of Greek American Health Services Foundation

FOR MORE INFORMATION:
www.greekamericancare.org
CALL: 224-434-0509 or pgerbanas@garcc.org

STOCK OR REAL ESTATE DONATIONS

Please support us by donating appreciated stock or real estate to the Greek American Rehabilitation and Care Centre, Inc. and be able to take a tax advantaged income tax deduction.

Did you know that as part of your yearly tax planning you can donate, on a tax advantaged basis, appreciated assets such as stock or real estate and reduce your income taxes?

Subject to Internal Revenue Service Rules and Regulations, this is how it works:

1. Let's say you purchased a stock for \$100.
2. Over the years, that stock has appreciated and is now worth \$500.
3. If you sell that stock instead of donating it, you will realize a \$400 capital gain and pay taxes on that \$400 capital gain.
4. However, if you donate that stock to the Greek American Rehabilitation and Care Centre, Inc. a 501(c)(3) IRS recognized organization, you would receive a \$500 tax deduction not just the \$100 you paid for the stock.

Of course you should confer with your personal tax advisor about any tax related matter. But to take advantage of this opportunity, please feel free to contact Peter G. Karahalios, President of the Board of Directors of the Greek American Rehabilitation and Care Centre, Inc. at 847.778.3828. Thanks and we hope to hear from you about this win-win opportunity.

FREE ESTATE PLANNING

FREE BASIC ESTATE PLANNING FOR SUPPORTERS OF THE GREEK AMERICAN REHABILITATION AND CARE CENTRE, INC.

As a supporter of the Greek American Rehabilitation and Care Centre, you are eligible to receive FREE Basic Estate Planning which includes:

- ~ No cost in person consultation with a licensed attorney
- ~ No cost drafting of your basic will
- ~ No cost drafting of your durable power of attorney for property
- ~ No cost drafting of your durable power of attorney for health care
- ~ No cost in person, witnessed and notarized signing of your will

The only consideration that we request is that you include in your will a bequest of at least \$10,000 to the Greek American Rehabilitation and Care Centre, Inc. from your Estate.

To take advantage of this opportunity please feel free to contact Peter G. Karahalios, President of the Board of Directors for more details at 847-778-3828.



Greek American Rehabilitation & Care Centre invites you to

Fashion with Flair

Thursday, April 18, 2024

Cocktails: 6:00 pm | Dinner and Fashion Show: 7:00 pm



Chateau Ritz

9100 N. Milwaukee Ave., Niles, Illinois

Sponsored By:

Anthony and George Diamandakis | Terry and Suzan Athas | Calamos Investments
Cameo | Fresh Farms International Market | Alexander and Kathryn Gianaras
Greek American Restaurant Association | Demetrios and Marianthe Logothetis
Peter and Ethel Parthenis | Peter and Brenda Venetos
Power Risk Management & Insurance

Chairladies: Teddi Galanis and Terri Mikuzis

a wholly-owned subsidiary of Greek American Health Services Foundation

**For Reservations, Sponsorship or Further Information,
please use QR code above, visit our website:
www.greekamericancare.org or Call: 224-434-0509**



MOMENTS TO REMEMBER...



Flower Arranging by our Residents



Philoptochos Ladies Bringing Sweets for Residents' Afternoon Coffee Hour



Visit from the Deputy Minister of Foreign Affairs for Greeks Abroad, Mr. Giorgos Kotsiras

